

Welcome

For You | What better way to soothe away the day than a relaxing treatment which will help bring every part of you into perfect balance. Janet, our therapist will help you find a treatment that suits you.

With Friends | Sit back and relax with friends and spend some time being pampered. Janet will organise beauty treats for you and your friends during your stay at Hillhouse.

For Your Special Celebration | Be pampered in preparation of your special occasion at Hillhouse. Janet will find the perfect treatment to revitalise and refresh you so you feel fabulous.



Beauty Treatments

Ultimate hydrating facial | This delightful relaxing treatment rebalances the skin and restores softness for a more youthful appearance.

Ultimate revitalising facial | This is perfect for mature, dry or dehydrated skin; revive and soften skin and alleviate fine lines and wrinkles.

Classic European facial | This facial is customised to each individual skin's needs. Includes a thorough skin cleanse, exfoliation, shoulder neck and facial massage, and a soothing mask



Beauty Treatments

Eye contour treatment | An add-on to most facials. Concentrates on the areas around the eyes, to help eliminate puffiness, relieve congestion, minimise fine lines and decrease dark circles
Eyelash tinting & Eyebrow tinting

Waxing Treatments

Eyebrow | Underarm | Bikini | Half Leg | Full Leg



Massage

Oriental head massage | A calming yet energizing scalp massage focusing on vital energy points combined with aromatherapy oils helping to reduce tension, increase circulation and provide a feeling of well being.

Reflexology | Reflexology is a unique massage technique applied to the feet to bring all of the body's organs into balance.

As an additional touch we add a face and scalp massage.

Hopi ear candling | A non-invasive deeply relaxing ear cleansing technique that includes revitalising heat, combined with face and scalp massage to help relieve symptoms of sinus related concerns, headaches, sinusitis, stress and snoring



Massage

Full Body Signature Massage | A unique and highly personalised massage in which pure aromatherapy oils are used combining the sense of smell with the healing power of touch. This tension-melting global treatment includes face and scalp.

Back, neck, shoulders, face & scalp | A relaxing massage using pure essential oils specifically blended to individual needs. A muscle easing and stress relieving treatment.

Luxury cleansing back treatment

The back is cleansed and exfoliated to purify the skin. Warm towels are used to remove exfoliant, followed by a back massage that focuses on tired and tense areas, thoroughly hydrating and rejuvenating.



Manicures

Classic manicure | Hands will feel amazing and look perfectly polished. Our classic manicure includes hand soak, nail shaping and massage, finished with polish application of your choice.

Luxury manicure | Sheer indulgence in this holistic treatment as your hands are gently soaked and exfoliated while your nails and cuticles are cared for with creams and oils. A paraffin wax treatment and heated spa mitts are used to nourish skin. The treatment finally winds up with a luxurious massage and an application of polish of your choice.



Pedicures

Classic Pedicure | Enjoying a foot soak, exfoliation, massage, nail shaping and polish application. This pedicure creates perfect toes and a spring in your step.

Luxury Pedicure | A beauty treatment for your feet and energising lift for the whole body. Our deluxe treatment includes exfoliation, foot soak, all cuticle work done, a paraffin wax treatment, foot and leg massage with hydrating cream and heated spa boots. The pampering culminates with a polish of your choice.

